

Dental Implant Surgery

INFORMATION SHEET



BEFORE YOUR OPERATION

- You should arrange to have your teeth scaled and polished by your hygienist or dentist. This may require more than one visit and you should aim to have completed your last visit about two weeks before your implant surgery.
- It is important for the success of your implant treatment that any gum (periodontal) disease is managed
- Start using Corsodyl Daily (chlorhexidine) mouthwash about two days before your surgery. Use as directed twice each day



DAY AFTER OPERATION & THE NEXT FOUR DAYS

- Rest for a few hours, but you do not have to lie down
- Avoid hot drinks, alcohol, hard or chewy foods
- Do not rinse your mouth for at least 6 hours but start using Corsodyl Daily mouthrinse again 24 hours later and continue for about one week - this will help to maintain good oral hygiene and prevent infection of the wound in your mouth. You should also brush any teeth as soon as is possible after surgery using toothpaste in the usual way
- Any pain or soreness can be relieved by taking the prescribed medication. If none was prescribed, take tablets such as paracetamol (Panadol) two 500mg tablets every 4-6 hours as required (8 tablets maximum in 24 hours) or ibuprofen (Neurofen) two 200mg tablets every 4-6 hours as required (twelve 200mg tablets maximum in 24 hours)
- Should the wound start to bleed, apply a handkerchief compress. Hold this firmly against the bleeding point for 5-10 minutes or longer if necessary whilst sitting up. Take off the compress and check whether the bleeding has stopped. If it hasn't, use a fresh compress. If you cannot stop the bleeding yourself, please telephone the Hospital
- Pain and any swelling should start to settle in three to four days
- Stitches (sutures) usually dissolve and fall away within 10 days
- It is usually possible to wear a denture following placement of implants but you will be advised about this

